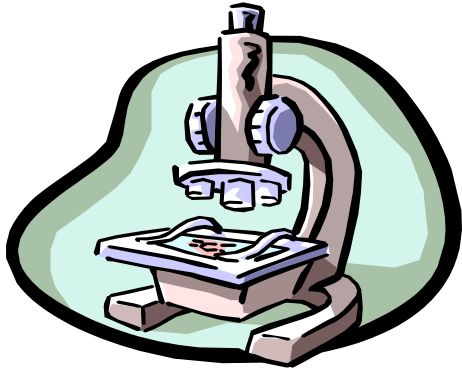


VNA Nurse

November Health Screening

Total Cholesterol



For seniors 60+ and spouses

Immediate results *No Fasting*

TIME: 9:00 AM to 1:00 PM

Only at these Senior Centers on the dates below

Tuesday November 1	Wednesday November 2	Thursday November 3	
Carver Senior Center	Desoto Senior Activity Center	Seagoville Senior Center	
222 Carver Garland, TX 75040 972-205-3305	204 Lion Street Desoto, TX 75115 972-230-5825	304 E. Farmers Seagoville, TX 75159 972-287-4113	

Monday November 7	Tuesday November 8	Wednesday November 9	Monday November 14
Garland Senior Activity Center	Evans Senior Center	Heritage Senior Center	Hazel Goodbar Senior Center
600 W. Avenue A, Garland, TX 75040 972-205-2769	1116 Hillcrest Mesquite, TX 75149 972-285-6761	200 S. Jefferson Irving, TX 75060 972-721-2496	3000 Concord Mesquite, TX 75150 972-279-6881

VNA Health Promotion Program 214-689-2230

Sponsored by Dallas Area Agency on Aging, Texas Department on Aging and Disability Services and The Visiting Nurse Association of Texas (VNA)